

MENUS FOR JANUARY 2023

Cleburne County Schools CCHS & RHS Lunch Menus

This institution is an equal opportunity provider.
Menus are subject to change.

AVAILABLE DAILY

Grab & Go Options Available Daily

Options may include

Chef Salads, Wraps

Pizza available daily

Assorted milk, fresh fruit and vegetables offered daily!

A la carte items are available for purchase.

*Menu may change based on product availability

Get in touch with us today to learn more about free and reduced-price meals in our district at 256.463.5624 or visit the Titan Family Portal to apply for meal benefits online.

With the Titan Family Portal, parents can view cafeteria purchases, track meal account balances and deposit funds into student's account at any time.



TITAN
A LINK SOLUTION

Simply manage your
student's account

Visit our Family Portal

Just be glad it's 2023 and not 46 B.C.



You think the school year seems long? By the time Julius Caesar reformed the calendar in 46 B.C., it was so out of whack that he had to make that year 455 days long to get everything lined up again! Now, that's a long school year!

Welcome Back!

Featured Specials of the Day

Happy New Year

Welcome Back!

We hope you enjoyed your break!

Thursday, January 5

World Tour: Crispos (2)

Grille: Taco Salad

Choice of (Choose up to 3): Pintos, Mexican Salad w/Jalapenos, Salsa, Variety of Fruit

Friday, January 6

World Tour: Cheesy Pizza Dippers (3)

Grille: BBQ Chicken Sandwich

Choice of (Choose up to 3): Corn, Sweet Potato Fries, Marinara Sauce, Variety of Fruit

Featured Specials of the Day

Monday, January 9

World Tour: Chicken w/Chips

Grille: American Sub

Choice of (Choose up to 3): Fresh Garden Salad, Baby Carrots w/Dip, Sweet Potato Fries, Variety of Fruit

Tuesday, January 10

World Tour: Walking Tacos

Grille: Philly Chicken Sandwich

Choice of (Choose up to 3): Tex-Mex Beans, Mexican Salad, Salsa, Variety of Fruit
Extra: Cookie

Wednesday, January 11

World Tour: Taco Soup w/Tortilla Chips

Grille: Corndog

Choice of (Choose up to 3): Celery w/Ranch, Fresh Garden Salad, Potato Wedges, Variety of Fruit

Thursday, January 12

World Tour: Chicken Alfredo w/Garlic Knot

Grille: BBQ Pork Sandwich

Choice of (Choose up to 3): Steamed Broccoli, Baked Beans, Garden Salad, Variety of Fruit

Friday, January 13

World Tour: Stuffed Crust Pizza

Grille: Fish Sandwich

Choice of (Choose up to 3): Corn, Fresh Garden Salad, Baby Carrots w/Dip, Variety of Fruit

YOU'RE GOOD



ALL STUDENTS EAT BREAKFAST NO COST ALL YEAR LONG

Cleburne County Child Nutrition Program

Featured Specials of the Day

Monday, January 16

School will be closed on Monday,
January 16 in honor of Martin
Luther King, Jr.'s Birthday



Tuesday, January 17

World Tour: Cheesy Chicken Casserole w/Rice
Grille: Hot Pocket

Choice of (Choose up to 3): Roasted Corn, Baby Carrots w/Ranch, Fresh
Garden Salad, Variety of Fruit

Wednesday, January 18

World Tour: Loaded Potato Soup w/Ham & Turkey Croissant & Cheese-its
Grille: "Bird" Dog

Choice of (Choose up to 3): Steamed Broccoli, Fresh Garden Salad, Baby
Carrots, Variety of Fruit
Extra: Cookie

Thursday, January 19

World Tour: Crisritos (2)

Grille: Buffalo Chicken Wrap

Choice of (Choose up to 3): Pinto Beans, Oven Fries, Salsa,
Variety of Fruit

Friday, January 20

World Tour: French Bread Pizza

Grille: Hamburger

Choice of (Choose up to 3): Sweet Potato Fries, Fresh Garden Salad,
Marinara Sauce, Variety of Fruit

GET IN GEAR.



Whatever your
favorite activity is,
you're not fully
equipped unless you're
sporting the right lid, pads,
goggles, mouthpiece,
goggles, and anything
else you need to stay
safe. So buckle that
chin strap and get in gear!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

PLEASE SEE THE OTHER PAGE
FOR ITEMS AVAILABLE DAILY

YEAR OF THE RABBIT



The Chinese
New Year
begins with
the new
moon on
January 22.
2023 is the
year of the
Rabbit.



Featured Specials of the Day

Monday, January 23

World Tour: Wings Bar (Lemon Pepper, BBQ, or Hot) w/Chips
Grille: Grilled Cheese

Choice of (Choose up to 3): Sidewinder Fries, Celery Sticks w/Ranch,
Fresh Garden Salad, Variety of Fruit

Tuesday, January 24

World Tour: BBQ Pork Plate w/Hushpuppies
Grille: Hot Dog

Choice of (Choose up to 3): Baked Beans, Fresh Garden Salad, Baby
Carrots, Variety of Fruit

Wednesday, January 25

World Tour: Chicken Noodle Soup w/PB&J** (or WOWbutter*
Sandwich)

Grille: Corndog

Choice of (Choose up to 3): Oven Fries, Steamed Broccoli, Fresh Garden
Salad, Variety of Fruit

Thursday, January 26

World Tour: Breaded Beef Steak w/Biscuit

Grille: Rib-B-Que Sandwich

Choice of (Choose up to 3): Mashed Potatoes (Gravy), Green Beans, Baby
Carrots, Variety of Fruit
Extra: Cookie

Friday, January 27

World Tour: Retro Pizza

Grille: Spicy Chicken Sandwich

Choice of (Choose up to 3): Oven Fries, Pinto Beans, Fresh Garden Salad,
Variety of Fruit

Monday, January 30

World Tour: Chicken w/Biscuit Dippers

Grille: Grilled Chicken Sandwich

Choice of (Choose up to 3): Vegetable Juice, Baked Beans, Tater Tots,
Variety of Fruit

Tuesday, January 31

World Tour: Spaghetti & Meat Sauce w/Garlic Knot

Grille: Cheeseburger

Choice of (Choose up to 3): Lettuce/Tomato, Roasted Broccoli, Fresh
Garden Salad, Variety of Fruit

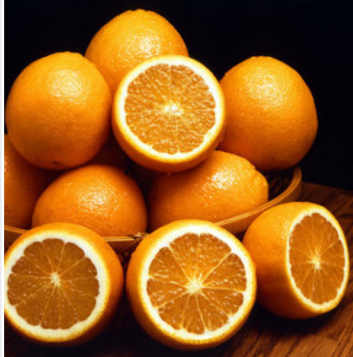
eat fit

wanna stay fit?
gotta eat right!

item: fresh orange

verdict: a main squeeze

tip: You may know this already, so we'll be quick.
Fresh whole oranges are pretty much a perfect snack –
sweet, juicy, full of fiber, and less than 100 calories.
But how do you peel a navel orange without getting
that gunky rind under your fingernails? Easy. Just bite
the stem end of the peel off (don't eat it!), and the rest
peels away oh-so-easily. You heard it here first.



Based
on one
medium
orange